



# THE BANK AT BUDE



FOR ALL ALLERGENS AND/OR INTOLERANCES PLEASE SPEAK WITH ONE OF OUR TRAINED TEAM TO GUIDE YOU THROUGH OUR MENU & FOOD HANDLING PRACTICES

## WHILST YOU BROWSE OUR MENU...

**SPANISH OLIVES (VE)** £4.95  
mix of Manzanilla & Gordal olives grown and picked in Spain. Stone in for flavour

**MANCHEGO CHEESE** £6.00  
authentic & pure Manchego cheese served with a fig relish

**JAMÓN SERRANO** £6.00  
traditional dry aged serrano ham, cured naturally for exquisite flavour

**ROASTED SPICED NUTS (VE)** £4.00  
peanuts, almonds & cashews roasted in chipotle, garlic, fennel, salt & sugar

## COSAS DE PICAR

**THE BANKS BRUSCHETTA (V)** £7.45  
juicy tomatoes & red pepper with fresh herbs, garlic & sherry vinegar atop small toasts, finished with a balsamic drizzle

**PAN DE AJO (V)** £4.50  
our freshly baked bread with lots of garlic butter plus an indulgent pimenton butter & blossom honey drizzle.

ADD MOZZARELLA CHEESE FOR JUST £1.50

**FRESHLY BAKED BREAD (V)/(VE)** £4.15  
dusted with paprika salt, basil oil & poppy seeds. Served warm with garlic aioli (V) or vegan mayo (VE)

**WARM MARINATED OLIVES (VE)** £6.15  
Spanish olives infused in a garlic, paprika, thyme, lemon zest & chilli oil, served warm with fresh lemon

**PADRÓN PEPPERS (VE)** £7.95  
deep fried padrón peppers seasoned with a sprinkling of Cornish sea salt

**AUBERGINE CRISPS (VE)** £7.95  
tossed in a lemon & ginger flour, fried for a crisp crunch & served with lemon & black pepper agave

### NIBBLES PLATTER TO SHARE

**SMALL** £15.75  
Spanish olives, Manchego cheese & Serrano ham. Perfect for 2 to share.

**LARGE** £24.95  
Spanish olives, Manchego cheese, serrano ham, padrón peppers & seasoned bread. Perfect for 2-4 to share.

## TAPAS & SMALL PLATES

**1 - PASTEL DE MANO (V)** £8.95  
delicate puff pastry open parcel filled with fresh tomato, red pepper, spring onion, feta, cheddar & mozzarella cheese & finished with a drizzle of balsamic glaze

**2 - SARDINAS PICANTES** £11.95  
fresh sardines marinated in our paprika honey butter, spiced with chilli & baked. Served with seasonal greens

**3 - CHILLI GINGER CHICKEN** £9.50  
marinated chicken breast chunks served in our homemade sticky chilli ginger sauce

**4 - SLOW COOKED BEEF STEW** £10.95  
tender beef & hearty veggies in a tomato, thyme, celery & garlic sauce. Topped with a herby suet dumpling

**5 - MEJILLONES A LA MARINERA** £12.35  
fresh mussels steamed in white wine, garlic & paprika broth. Served with fresh tomatoes & red pepper.

**6 - CHORIZO AL VINO TINTO** £9.55  
chorizo, pork belly, mushroom, red pepper & chilli flakes in a red wine & honey glaze

**7 - CRISPY KING PRAWNS** £9.85  
king prawns lightly coated in our GF panko crumb. Dusted with paprika salt & served with our chilli ginger sauce

**8 - SLOW COOKED PORK BELLY** £9.35  
slow cooked pork belly simply served with caramelised red onion jam, a Bank at Bude classic!

**9 - CHORIZO & CHEESE** £9.15  
Spanish chorizo sautéed & topped with cheddar & mozzarella cheese

**10 - HADDOCK GOUJONS** £9.55  
fresh haddock coated lightly in our lemon, pepper & turmeric batter. Served with homemade tartare sauce & our own lemon salt

**11 - CRISPY CAULI BITES (V)** £8.85  
cauliflower bites lightly coated in our GF crumb, deep fried & tossed in our homemade dark soy, honey & chilli glaze

**12 - SEA BASS BILBAÍNA** £14.95  
oven baked fillet of seabass, cooked in our chilli & garlic infused olive oil, finished with cider vinegar & served with seasonal greens.

**13 - PULLED DUCK TOSTADAS** £9.45  
shredded duck in a spicy tomato, lime & chilli sauce with a corn salsa & homemade tortilla crisps. Served with citrus mayo & fresh lime

**14 - BBQ CHICKEN WINGS** £8.55  
roasted chicken wings marinated in BBQ spices & coated in our homemade sticky honey BBQ glaze

**15 - SPANISH BEAN POT (VE)** £7.45  
slow cooked chickpea, cannellini & butterbean stew with onions, tomato, garlic, cumin, paprika & gentle chilli heat

**16 - GAMBAS PIL PIL** £9.95  
fresh, juicy king prawns sizzling in our chilli & garlic infused olive oil with fresh chilli & lemon

ADD 2 SMALL TOASTS FOR DIPPING. JUST £1.00

**17 - CHICKEN & CHORIZO QUESADILLA** £10.45  
our chilli chicken & Spanish chorizo with a layer of bravas spiced cream cheese, a drizzle of mayo & a little paprika

**18 - HONEY GARLIC CHICKEN** £9.55  
chicken breast chunks in GF batter, deep fried and tossed in our homemade garlic butter, soy & honey glaze served with poppy seeds & spring onion

**19 - SCALLOPS & CHORIZO** £13.25  
trio of scallops cooked in garlic butter with a sprinkling of diced Spanish chorizo & fresh samphire

**20 - ALBONDIGAS** £8.95  
pork & beef traditional Spanish style meatballs in our homemade tomato, garlic & onion sauce  
ADD CHEESE FOR JUST £1.50

**21 - WHIPPED FETA (V)** £8.45  
tangy feta & cream cheese whipped until light & creamy with blossom honey drizzle & our homemade tortilla chips to dip and enjoy

**22 - CARCAMUSA** £9.15  
traditional Spanish chilli made with pulled pork, diced chorizo, garlic, petit pois, fresh chillies & Spanish onions

**23 - CALAMARES** £8.95  
delicious chunks of tender squid in a salt & pepper crumb. Served with our homemade tartare sauce

**24 - SAUTÉED MUSHROOMS (VE)** £7.95  
chestnut mushrooms cooked in sherry with garlic & caramelised red onion

**25 - BUÑUELOS DE MAÍZ (VE)** £8.55  
Crispy coated fritter with a soft sweetcorn, cayenne pepper and mild chilli filling served with our homemade sticky chilli & ginger sauce

**26 - GAMBAS AL AJILLO** £9.85  
juicy king prawns cooked and served in a homemade tomato & basil sauce  
ADD 2 SMALL TOASTS FOR DIPPING. JUST £1.00

**27 - COURGETTE FRITAS (VE)** £7.95  
courgette fries coated in a light tempura, fried until crisp & golden. Served with lemon & pepper agave.

**28 - PISTO (VE)** £7.75  
cubes of roasted aubergine & courgette with Spanish onion, red pepper & fresh chillies all lightly coated in a tomato glaze

## THE BANK'S PAELLA



**VEGETARIANA (VE)**  
saffron infused paella rice topped with mushrooms, greens, carrot & courgette, red peppers & peas. Dusted with paprika salt  
FOR 1 - £8.55 TO SHARE - £16.95



**LA CARNE**  
saffron infused paella rice topped with Spanish chorizo, chicken breast, belly pork, red peppers & peas. Dusted with paprika salt  
FOR 1 - £10.00 TO SHARE - £19.95



**SEAFOOD**  
saffron infused paella rice topped with haddock, squid, prawns, mussels, red peppers & peas. Dusted with paprika salt  
FOR 1 - 10.50 TO SHARE - 20.95



**A BIT OF EVERYTHING**  
saffron infused paella rice topped with chorizo, prawns, squid, belly pork, red peppers, mushrooms, peas & paprika salt.  
FOR 1 - 11.25 TO SHARE - £22.00

### CROQUETTAS CORNER... £8.95

4 deliciously moreish croquettes served with complimenting dip & salad garnish. Choose your flavour:

**SERRANO HAM & CHEESE**

**CHORIZO & HOT HONEY MAC 'N' CHEESE**

**MUSHROOM & BLACK PEPPER (V/VE)**

**TRUFFLE & CHEESE ARANCINI (V)**

**CHEESE & ONION CHUTNEY (V)**



## LOS ACOMPAÑAMIENTOS

**PAPRIKA PATATAS (VE)** £5.85  
steamed & hand cut potatoes deep fried until crispy & coated in paprika salt

**TRIPLE COOKED CHIPS** £5.50  
hand-cut, triple cooked chips with your choice of paprika or classic Cornish sea salt

**SWEET POTATO FRIES** £6.05  
hand-cut, triple cooked fries with your choice of paprika or classic Cornish sea salt

**PATATAS BRAVAS (VE)** £6.15  
our paprika patatas with a homemade bravas sauce. Will you have it on the side, a light drizzle or fully coated?

**FRESCO PATATAS** £6.20  
our paprika patatas finished with a drizzle of our homemade bravas & aioli sauce across the top

**FRESH MIXED SALAD** £7.15  
light side salad consisting of mixed leaf, red onion, peppers, cherry tomatoes, cucumber & basil oil